

Vaping, Smoking, and Lead

Vaping and Smoking Both Lead Your Health to the Gutter.



Protect your health from lead and radioactive polonium-210 which decays to lead plus multiple other toxics by neither smoking nor vaping, says Grandma Lead.

When you come across statements like “vapes or e-cigs, they're far less harmful than cigarettes and can help you quit smoking for good” (National Health Service [NHS] UK, 2022), it's no wonder that people consider trying e-cigarettes, also known as vapes. But the crucial question is whether this claim holds true...

We wanted you to have the facts about the very real dangers of vaping and smoking, so put this post together. You can read it here <https://leadsafeworld.com/LAN-vaping>.



Photo: “Vaping and Smoking Both Lead Your Health to the Gutter” by Elizabeth O'Brien

Adapted from VAP entry <https://leadsafeworld.com/LAN-VAPvaping>

#LeadExposure #HealthyChoices #ClearTheAir #LeadPoisoning #LeadSafety #LeadAwareness
#TheLEADGroup #PreventionIsKey #LeadPoisoningPrevention #GrandmaLead #vaping #smoking